



Continuous Glucose Monitors (CGM) & Diabetic Testing Supplies Coverage 2026

Managing your Diabetes: Zing is here to help!

Continuous glucose monitors, insulin delivery devices, and diabetic supplies are covered by Zing Health! Sometimes diabetic items are covered by your Zing medical benefit while others are covered by your pharmacy benefits (Medicare Part B). Only certain brands may be covered.

What diabetic blood glucose monitors, test strips, and supplies are covered by Zing?

- **Preferred Diabetic Supplies have a (\$0) cost share!**
 - **Preferred**
 - Glucose Monitors:
 - 1) Accu-Check
 - 2) True Metrix
 - Test Strips:
 - 1) Accu-Check
 - 2) True Metrix
 - Lancets:
 - Any brand
- **Non-preferred Diabetic Supplies will have a 20% coinsurance cost**
 - Any diabetic manufacturer that is different from Accu-Check or True Metrix is considered a non-preferred product.
 - Examples of a non-preferred manufacturer include, but not limited to the following:
 - Freestyle
 - Contour
 - One Touch



What are continuous glucose monitors (CGM) and which CGM's are covered by Zing?

A continuous glucose monitor is a wearable device that is placed underneath your skin. It provides your blood sugar levels continuously throughout the day. This is different than the traditional diabetes monitors that only measure your sugar levels when you test by a fingerstick.

How can I get a continuous glucose monitor (CGM) and supplies?

1. Talk to Your Doctor

Schedule a visit with your doctor (like your primary care doctor or endocrinologist). Let them know you're interested in using a CGM to help manage your blood sugar. If it's right for you, they'll write a prescription.

2. Fill the Prescription

Take the prescription to your local pharmacy (like CVS, Walgreens, or Walmart) — or ask your doctor to send it directly there. Many CGMs are now available through regular pharmacies.

3. Set It Up

Follow the instructions in the package or ask your pharmacist to help you get started. Some manufacturers also offer apps, videos, or support lines to guide you.

What CGM's are covered by Zing?

▪ Preferred CGM

- Will have a \$0 cost share and include the following manufacturer:
- Dexcom G6 and Dexcom G7

▪ All Non-Preferred CGMs

- Will have a 20% coinsurance and include, but not limited to the following manufacturers:
 - Freestyle devices

What Insulin delivery devices are covered by Zing?

- The following insulin delivery devices are covered by Zing:
 - Insulin pen needles (BD Embecta brand only)
 - Insulin syringes (BD Embecta brand only)
 - Omni-pod